



# Caledonian Primary School Newsletter

Thursday 1<sup>st</sup> June 2023

*We would like to acknowledge the Wadawurrung People, the Traditional Owners of the land on which we are gathered and pay our respects to their Elders both past, present and emerging.*

## Calendar

### June

Thursday 1<sup>st</sup> – 5/6 Artlink excursion

Friday 2<sup>nd</sup> – Pupil Free Day

Friday 9<sup>th</sup> – PJ Day (Students can wear their PJs to school) and hot chocolate.

Friday 23<sup>rd</sup> - Last day term 2, Free Dress, students dismissed at 2.30 pm.

### July

Monday 10<sup>th</sup> – Term 3 begins.

# From the Principal's Desk

Dear Families,

Week 6.

Wow. I really thought it was week 5...

So last Friday I had the parental joy (yep little bit of sarcasm) of seeing my year 10 daughter perform in a stage musical. Now I am not a fan of musicals, or crowds. But for the last few years in our newsletters and with parents I have been quite open with the mental health issues she has faced.

Mental health is very challenging. You can't see it, you can't "fix" it with a band aid or a quick visit to the hospital and you certainly don't cope very well when it's your own child. While our awareness of mental health has improved, in many ways we still don't talk very openly about it. In my experience with my daughter, it was three years of medication and counselling, huge psychiatric bills and constant worry.

And on Friday she was on a stage, with a character role, singing well and dancing poorly but with such enthusiasm and confidence. I know I am not the only parent who has experienced mental health issues with their children, yet for those who are in the start or middle of the journey I can say it gets better, takes a lot of time, but does get better. If any parent in our community wants to talk to someone about these challenges from a parent's perspective or from a school perspective, you can always find me at the gate or even just wander into my office, I am always very open to chat.

Speaking of challenges parents face... Department of Education Speak!

All of us teachers speak an education language that really makes no sense at all if you have no experience in education. Some examples being:

- SSG – Student Support Group
- IEP- Individual Education Plan
- COP- Community of Practice
- AP- Assistant Principal
- PLC- Professional Learning Community
- Numeracy- a rando word we use instead of maths (sort of)
- Manipulatives- plastic counters
- AIP- Annual Implementation Plan
- SSP- School Strategic Plan
- Structured Synthetic Phonics- teaching the sounds letters make.
- SEIL- Senior Education Improvement Leader
- Camp- 3–5-day period of almost no sleep
- Decodables- books with words that can mostly be sounded out
- Predictive- books with words that can mostly NOT be sounded out.

My mum is a Principal (of dubious quality), my wife a teacher (who is far better than me) and I still almost weekly come across something I don't understand. Unfortunately, I can't fix this, as teachers we love to make up hard ways of saying simple things. It's just what we do.

We also like to make our processes as convoluted as possible to confuse and frustrate everyone! Us Principals meet regularly to plan how we can irritate parents with complex forms. We rub our hands together and laugh maniacally and plot...

Well, no, not really. But there are a mystifying number of forms and reports that come with even a simple thing like asthma. We are currently working on a clear and simple “process chart” to help demystify the steps you need to take in relation to any medical or health issue that may arise.

However, in the short term if your child is experiencing any ongoing medical or health concerns we don't yet know about or new and emerging medical challenge that may require assistance here at school, please contact us at the office. We are here to help! There are all sorts of forms that we fill in to make sure your child is cared for here and so we have the right information. Please don't hesitate, there are no silly questions. Best to know if you do or don't need to fill something in than not know at all!

Friday we are in training. Some staff will be engaging with STAP (yep, another education thing) which is a program for oral language development and others in CPR (I think you will know that one). This is an important day and while it is pupil free all staff will be onsite and the office open. Maybe a chance to let us know if your child has developed a severe allergy?

Finally, this week I want to acknowledge David our maintenance person. David is here Tuesday and Thursday and has started taking small groups for special woodwork sessions. This has been a fabulous opportunity for children who may be feeling a little disconnected, bored, or lonely. Of course, they also may just want to make something cool! David has taken this on, and it goes largely unseen. I wish to express our gratitude for this additional service he is offering our students, proof all of us at Caledonian are here for kids from the Principal to the Maintenance Man!

Last week he even spent an afternoon with Theich building our new soccer goals! And they did a great job. There was a very real possibility that I would have had to put them together which would have resulted in a massive disaster!

Have a great week.

Ben

# Important Information

## **Brekkie Club**

Brekkie Club will be running on Tuesday's and Thursday's during Term 2. Brekkie Club is open for all students from 8.20 am. If you have some free time, please volunteer to help us run this fantastic program, and make sure all our kids get the right start to the day with a full belly.

## **Uniform**

Caledonian Primary School requires all students to be dressed in our school uniform. A copy of our school uniform policy can be found on the school website or at the school office. Our school uniform suppliers are Crocker's and Beleza.

## **Bell Times 2023**

First bell- 8.45 am

Second bell- 8.50 am

Recess- 11 am – 11.30 am

Lunch Eat- 12.30 pm – 12.45 pm

Afternoon Recess- 1.45 pm – 2.15 pm

Students dismissed- 3.15 pm

Children arriving after 8.50 am, must collect a late pass from the office.

## **Names on belongings**

Please make sure you name all items that come to school with your students. This includes uniform, lunch boxes, drink bottles, hats, and jackets. Named items are much easier to return than unnamed. All lost property is sent to the office, unclaimed items will be added to the second-hand uniform pile or disposed of at the end of each term.

## **SSG Bookings**

SSG's are now available for bookings on Compass or by telephoning the school office on 53326955. If you have not had an SSG before and think it will be of benefit to your child, please contact Natalie Karlake.

## **June 2<sup>nd</sup> Curriculum Day**

If any families require Camp Australia Day program for the June 2<sup>nd</sup> Curriculum Day, please let Gemma in After School Care know ASAP. The program will only run if we get enough people.

# PE News

Congratulations to all students that represented Caledonian Primary School in the divisional Cross Country Carnival on Friday 12<sup>th</sup> May 2023.

Congratulations to all students that represented Caledonian Primary School in the Winter Sports Sovereign Division Netball Carnival, last Thursday 25<sup>th</sup> May. The students gave their all in every game and showed great resilience. It was great to see everyone enjoying themselves on court and displaying great sportsmanship.

\*Please remember to wear your runners/sneakers on days you have PE class! Below a summary of when classes have PE this term.

Tuesdays – 5/6P, 5/6B, 1L, 2L, 2M

Wednesday – 3/4J

Thursday – 4/5P, Prep O, Prep T, 1D

## Upcoming Sports Events

### Term 2

Week 6 – Monday 29<sup>th</sup> May – Regional Cross Country Event (Deakin University, Warrnambool)

### Term 3

Week 9 – Tuesday 5<sup>th</sup> September – Sovereign Division Track & Field Day (Ballarat Regional Athletics Centre)





## Community News/School Holiday Sport Program Opportunities


Upcoming Renegades School Holiday Program this June Holiday period.

*Looking to get some cricket in this winter? Why not join in the fun at the Renegades School Holiday Program in Ballarat, held in the comfort of the local Indoor Centre.*

### MELBOURNE RENEGADES SCHOOL HOLIDAY CAMPS - AGES 7-10

 Major League Ballarat - Ballarat

 Monday 26 June 2023

 Time 9.00am - 3.00pm

**Cost:** \$99 - Renegades member-only price: \$74 (check your member emails for a promo code)

Designed for Junior Gaders aged 7-10 years old, this one-day camp will feature fun, fully supervised cricket activities, games, giveaways and more!

Places are strictly limited at each camp. Please note that we do not operate waiting lists for these events - it is first in, best dressed until the camp is sold out!

Participants will need to bring their own food & drinks to the camp. Note that no nut products are permitted to be brought to the camp. There will be a fully supervised lunch break on the day.

*Parents/guardians do not have to stay for the entire day. Any Renegades player appearances are subject to availability.*



**KIDS LOVE YOUR CRICKET**  
**AND WISH YOU COULD PLAY ALL YEAR ROUND?**  
**INDOOR CRICKET IS FOR YOU!**

**PARENTS IT DOESN'T GET ANY EASIER THAN THIS!**

**REGISTER YOUR TEAM OF 6 OR SIGN UP AS A SINGLE**  
**WE CAN ORGANISE A TEAM FOR YOU**

**2023 TERMS 2 & 3**  
No matches on during School holidays

**PRIMARY GRADES 3-6** **MONDAYS 4.30pm**

**RUNNERS REQUIRED!** UNIFORMS OPTIONAL  
**EVERYONE BATS & BOWLS**  
**6 PLAYERS A SIDE** GAMES PLAYED WITH SOFT SAFE INDOOR BALL  
**NO COACHES REQUIRED**  
**\$10 PER WEEK** NO REGISTRATION FEES

**MAJOR LEAGUE INDOOR SPORTS**  
502 HOWITT STREET, BALLARAT  
BOOK OR ENQUIRE NOW  
CALL TREV ON 0416 134 901

# CPS Community Notice Board

## Kids Club at the Brown Hill Uniting Church

Kids Club is on for Term 2, Tuesdays May 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup>, from 3.15pm till 5pm at the church hall in Thompson Street, Brown Hill. All children from Caledonian Primary School are welcome to join us for some fun and activities as well as our regular afternoon tea, games and Bible Story.

For newcomers, a registration form will be available from the school office. Please bring this along to your first afternoon at Kids Club, or phone Louise 0407 893468.

All of our Kids Club leaders hold Working With Children Checks and want for the children to have a safe and fun time. Louise and Val look forward to seeing you at Kids Club.



**Playgroup Meets Here!**

A playgroup is a group of parents and caregivers who gather with their babies, toddlers and preschool children regularly for play and social interaction.

**Our Playgroup Details**

**Playgroup Name:** Brown Hill Playgroup @ Caledonian PS  
**Day & Time:** Wednesday 9 - 11am during school terms  
**Contact Details:** Caledonian PS office phone 5332 6955  
**Description:** We welcome all families with babies and preschoolers to the Multipurpose Building on Wednesdays, enter from Thompson Street. Gold coin donation appreciated.

The poster features a green background with a white text box. At the top right is a blue and brown bird. At the bottom is a colorful illustration of a purple bear, a pink bear, a blue bear, a green octopus, and a blue cup.

# CPS News

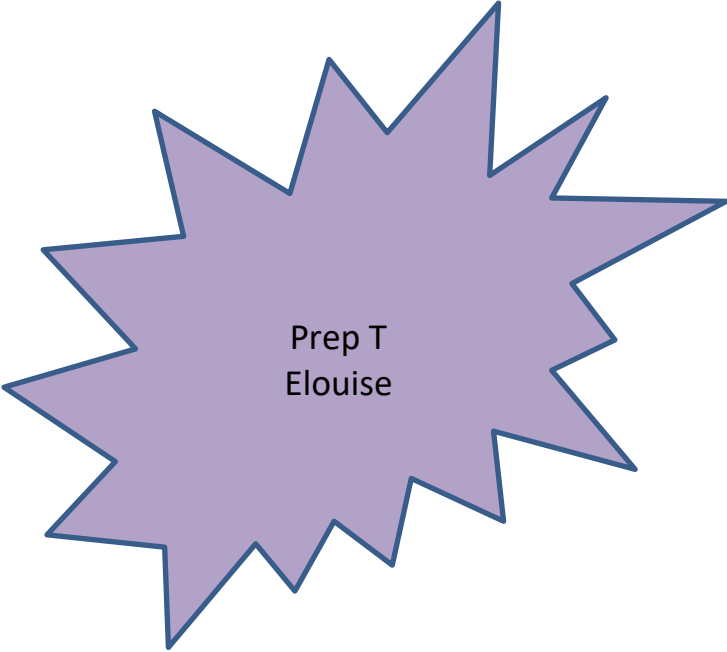
## Reconciliation Week Art Gallery Visit!

Grade 3/4 and 4/5 visited the Ballarat Art Gallery today to participate in the Reconciliation Week activity with Wadawurrung artist Dr. Dianne Gilson and gallery educator Pauline O'Shannasy-Dowling. During the workshop students learned about bush food and medicine and how to create artworks using ochre. We viewed several woven baskets and eel traps; we used these as inspiration to create our own woven masterpieces. We also viewed a selection of Indigenous artworks on display in the gallery.





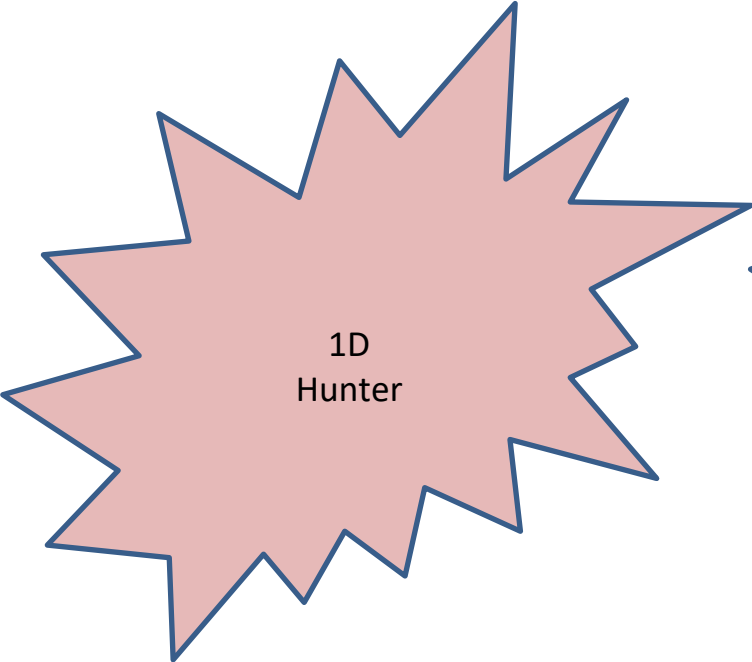
# Student of the Week Awards



Prep T  
Elouise



Prep O  
Lily  
Oliver



1D  
Hunter



1L  
Annika  
Margot

